



Health and Safety Risk Assessment GRA 2013

Description of what is being assessed: Swimming Club Training Sessions			Department \ team: Denbigh Leisure Centre								
Assessor(s): Justin Jones		Assessment Date: January 2016			Review Date: January 2018						
Significant Hazards	Who might be harmed & how?	How is the risk currently controlled?	Initial Risk Level			What action is required to further reduce the risk?	Expected risk level after controls Risk			Action by	Target date
			Severity	Likelihood	Risk Level		Severity	Likelihood	Level		
Slip, Trip or Fall	-Employees up to 10 -Non employees max 40 Norm 20 -Contractors As severe as a major injury and as minor as a bruise. How? -Wet floors -Fixtures & fittings -Storage of equipment -Pool wall -Climbing out / walking on pool wall -Central benches -Baby changing units -Start Blocks	-NOP -Building checks -Signage -Cleaning check sheets -Safety tours -Pool rules -Lifeguards -Altro flooring less slippy -Safety straps -Qualified Coaches -Correct technique	4	2	8 M						
Trapping of body parts	-Employees up to 10 -Non employees max 40 Norm 20 -Contractors As severe as a major injury and as minor as a bruise. How? -Internal doors/cubicles -Storage cages -Pool surround bar -Steps -Lockers -Skimmer outlets -Pool outlets (deep end floor) -Pool inlets (shallow end)	-NOP -Building checks -Housekeeping -Education -Pool rules -Lifeguards -Qualified coaches -Correct technique	4	2	8 M						

Electrical equipment including hair dryers, poolside sockets, inflatable blower	<ul style="list-style-type: none"> -Employees up to 10 -Non employees max 40 Norm 20 -Contractors <p>As severe as a catastrophic injury and as minor as a bruise.</p> <p>How?</p> <ul style="list-style-type: none"> -Fire -Shocks -Tripping over -Cables and wiring 	<ul style="list-style-type: none"> -NOP -EAP -Fire alarms/sensors -PAT Testing -Building checks -Cleaning Check sheets -First aid trained staff on site -Specific low voltage sockets for wet areas 	5	2	10 M						
Entrapment	<ul style="list-style-type: none"> -Employees up to 10 -Non employees max 40 Norm 20 -Contractors <p>How?</p> <ul style="list-style-type: none"> -Stuck in changing cubicles / changing rooms / toilet cubicles -Faulty locks 	<ul style="list-style-type: none"> -Building checks -Locks which can be opened from both sides -Alert cord 	1	1	1 L						
Hot water supply	<ul style="list-style-type: none"> -Employees up to 10 -Non employees max 40 Norm 20 -Contractors <p>As severe as a burn as minor as a scald</p> <p>How?</p> <ul style="list-style-type: none"> -Washing hands -Showering -Thermostat set at incorrect temperature 	<ul style="list-style-type: none"> -NOP -Thermostat set at suitable temperature -First aid trained staff on site 	4	2	8 M						
Lighting	<ul style="list-style-type: none"> -Employees up to 10 -Non employees max 40 Norm 20 -Contractors <p>As severe as a catastrophic injury and as minor as a bruise</p> <p>How?</p> <ul style="list-style-type: none"> -Lights falling -Bulbs blowing 	<ul style="list-style-type: none"> -Low voltage lighting -Guards on lighting -Suitable ceiling fixings -Qualified contractors change bulbs 	2	2	4 L						
Shelving	<ul style="list-style-type: none"> -Employees up to 10 -Non employees max 400 Norm 50 <p>As severe as a major injury and as minor as a bruise.</p> <p>How?</p> <ul style="list-style-type: none"> -Objects falling -Incorrect storage -Collapsing shelves 	<ul style="list-style-type: none"> -NOP -Suitable wall fixings -Housekeeping 	2	2	4 L						

Cuts, Grazes & lacerations	<ul style="list-style-type: none"> -Employees up to 10 -Non employees max 40 Norm 20 <p>As severe as a deep cut and as minor as an insignificant injury</p> <p>How?</p> <ul style="list-style-type: none"> -Tiled flooring -Tiled pool surround -Screws -Fixtures and fittings -Sharp edges -Coat hooks -Anti Wave Lane ropes 	<ul style="list-style-type: none"> -Building Checks -Safety tours -Housekeeping -Maintenance of identified hazards -Qualified coaches 	2	2	4 L						
Drowning	<ul style="list-style-type: none"> -Employees up to 10 -Non employees max 40 Norm 20 -School groups -Contractors <p>As severe as catastrophic injury and as minor as a near miss</p> <p>How?</p> <ul style="list-style-type: none"> -Swimmers -Ignorance -Water -Medical condition -Horseplay -Water quality 	<ul style="list-style-type: none"> -NOP -EAP -Lifeguards (First aid trained) -Education of dangers -Pool rules -All access doors to poolside are locked when no lifeguards on poolside -Maximum swimmers -Dually qualified coach/lifeguard -Pool alarm -Monthly lifeguard training -Qualified Coaches -Swimmer ability level 	5	1	5 L						

Likelihood	Severity				
	1 Insignificant	2 Minor	3 Moderate	4 Major	5 Catastrophic
1- Unlikely	1	2	3	4	5
2- Rare	2	4	6	8	10
3- Possible	3	6	9	12	15
4- Likely	4	8	12	16	20
5- Very likely	5	10	15	20	25