



MEET INFORMATION PACK

Llandudno Swimming Centre

8 lane 25m pool with Daktronics electronic timing and cool down pool

20th & 21st September 2025

Level 3 Meet Licence No 3WL241870

Closing Date 1st September 2025

Flat fee of £30 per swimmer for as many events as they want to enter



(Under FINA rules and Swim Wales Laws)
Llandudno Swimming Centre
20th-21st September 2025

Meet Information & Conditions

Meet License No:

Entries

- 1. Entries should be made via clubs ONLY and should be sent electronically using Hy-Tek Team Manager. The events file for use with TM is available from the Swim Wales website, and upon request from **nofio.swimming.gala@gmail.com**
- 2. Electronic entries should be emailed to nofio.swimming.gala@gmail.com
- 3. Entries from clubs should be accompanied by a payment summary sheet to cover all entries and coach/chaperone poolside passes. We can only accept bank transfer with ref to Closed Inv/your club name HSBC 40-18-08 a/c 41482815
- 4. All entry submissions must be received by 1st September 2025

Entries fees & passes

- 5. The entry fee is a flat fee of £30 per swimmer for as many events as they want.
- 6. This is a Level 3 open meet; there are No Qualifying Times or Cut Off times.
- 7. If for any reason the Meet will get full there will be a possibility that the Meet will close earlier than the closing date
- 8. No competitor's passes will be issued.
- 9. Swimmers may only swim for one club during the meet.
- 10. Competitors must have been registered members of the Club in whose name they are entered at least 30 days prior to the first day of the Meet.

Age Groups

- 11. Age as at 21st September 2025 (final date of the event)
- 12. Age groups for girls and boys: 9yrs,10yrs,11yrs,12yrs,13yrs,14yrs,15yrs &16&over

Meet Office

13. A Meet Office will be open for the duration of the Meet and can be contacted by email only nofio.swimming.gala@gmail.com

Session Times

14. To be confirmed following receipt of entries. Clubs will be notified by Email.

General Conditions

- 15. The meet will be swum under Swim Wales Laws and Disciplinary Code and any additional conditions (printed in the respective Meet Information).
- 16. No alcohol or tobacco advertising is permitted on any clothing.
- 17. The organisers reserve the right to alter any part of the programme or amend any of these conditions, if necessary, without notice.
- 18. All decisions made by the Meet Directors shall be final and binding

The Meet

- 19. Events will be held as shown on the attached programme of events
- 20. Time trials will not be permitted.
- 21. All events shall be heat declared winner (HDW)
- 22. Competitors will be seeded according to submitted entry times, slowest to fastest.
- 23. Swimmers may only swim for one club during this competition.

Medals

Top 3 in each age group will receive medals. Plus awards for top boy, top girl and top club.

Officials

Each club must supply qualified officials (judges) to help with the running of the event. This will be based on number of swimmers attending from each club at a ratio of 1 - 10. Failure to do so might affect your accepted entries. Please contact swimconwygalas@gmail.com with names of Officials.

Officials have free parking (obtain receipt from ticket machine and present to gala reception). Lunch and refreshments will be provided.

If you provide one official, you will get one poolside pass free of charge. There will be no charge for poolside passes if you provide more than one official.

Poolside passes

- 24. **All** coaches and chaperones that will be on poolside at any time during the competition **must** have individual accreditation obtained by completing the official form enclosed in this information pack. Completed forms must be accompanied by a passport-sized photograph...
- 25. Poolside passes will be transferable between coaches and chaperones **from the same club** who have completed an official accreditation form.
- 26. Accredited coaches and chaperones **from the same club** may use purchased poolside passes 'on rota', although the number of coaches and/or chaperones on poolside at any time must not exceed the number of passes that have been paid for.
- 27. **Passes must be worn at all times**. Anyone without a pass will be asked to leave the poolside or changing area.
 - Please see above regarding free passes for clubs providing officials.
- 28. Applications will not be accepted during the meet.

Withdrawals

- 29. All withdrawals must be notified to the day of meet recorder no later than 30 minutes before of the start of the appropriate session.
- 30. Withdrawals must be made using the relevant withdrawal form.

Start Sheets

31. Start sheets will be prepared after the withdrawal deadline each session

Marshalling

32. Coaches should ensure that the swimmers make themselves available for marshalling at least 2 events prior to the event they are competing in.

Heats

- 33. Competitors shall be seeded according to submitted times, checked with ASA database.
- 34. All heats shall be swum fastest to slowest
- 35. Over the top starts will, where necessary or appropriate, be used during meets (except in backstroke events).

Camera Use

We will follow Swim Wales guidance

Data Protection

36. The region, along with the governing body, may use computers to record entry times and results. By submitting entries you are accepting the conditions and consent is hereby given for holding personal information relating to the sport of Swimming as required by the current GDPR.

Medical Conditions

37. It is the responsibility of the swimmer and/or parent to declare to the referee any disability or medical condition that could present a safety risk. If such a disability or medical condition exists swimmers must produce a medical note confirming that their participation presents no health or safety problems.

Health and Safety

- 38. The health, safety and wellbeing of all swimmers, officials, volunteers, spectators and visitors is paramount all Health and Safety rules / regulations / requirements must be complied with at all times.
- 39. A full risk assessment must be carried out in accordance with the Swim Wales Meet License Report Pack.
- 40. A copy of the Pool Operating Procedures and / or the Normal Operating Procedures & Emergency Action Plan for the facility being hired for the meet must be obtained in advance, and must be available throughout the meet.
- 41. All swimmers, officials, volunteers, spectators and visitors are required, at all times, to abide by the rules set out in the Pool Operating Procedures and / or the Normal

- Operating Procedures & Emergency Action Plan for the facility being hired for the meet.
- 42. Disposable snap-off tops from drinks bottles <u>must</u> be placed immediately into proper waste bins as they are almost invisible in water and represent a significant choking hazard to swimmers
- 43. All litter must be disposed of in the proper waste bins and recycling bins provided.

Unacceptable Behaviour

44. Behaviour becomes "unacceptable" when it is considered "Offensive" to others; this includes, but is not limited to, the following: Theft, wilful damage to property and / or equipment, acts of vandalism, abuse of alcohol and / or drugs, bullying, offensive language, aggressive / violent acts, threatening behaviour, all breaches of safety practices, failure to comply with instructions / directions, actions that bring the sport of swimming into disrepute.

Competitive Start Award

- 45. Swimmers must have attained the standard of the Competitive Start Award in order to start from the blocks; (this is the responsibility of the club coach).
- 46. Swimmers who have not attained the standard of the Competitive Start Award must lower themselves into over the side into the water, on the long whistle of the Referee before starting at an appropriate place.

<u>Jewellery</u>

- 47. For safety and security reasons, the wearing of jewellery is **not** permitted while in the water during warm-ups / swim-downs and / or competition. This includes watches, necklaces, chains, bangles, wrist bands, ear-rings (except studs), and rings (except wedding bands).
- 48. Swim Wales will **not** be responsible for any jewellery brought to events and will not be liable if such jewellery is lost or damaged."

Spectator admission fees

49. Admission fee shall be:

£7.00 per person, per day £14 for weekend

£3.50 per person for one session

- 50. Concessions @ half the admission rate.
- 51. Children 16 and under accompanied by an adult free admission

Car Parking

52. The Swimming Centre is situated next to a council 'pay & display' car park. There is limited free parking available close to the centre on Mostyn Broadway.

Catering

53. Catering facilities are available at our neighbouring theatre/conference centre, Venue Cymru. Alternative facilities are available in close proximity within Llandudno Retail Park.

The organisers retain the right alter these conditions, if necessary, without notice.

Information for Spectators with Disability

Are you a Registered Disabled person or have a disability that makes it difficult or uncomfortable for you to queue prior to paying entry as a spectator? If so: -

- On arrival at the pool please go to the reception where you will be advised on access.
- You will then be able to access the balcony via the lift or stairs directly.
- NO queuing will be necessary.

If you have any questions or queries during the event a member of the Meet Team will endeavour to assist you.

Within the spectators gallery we have 7 designated Wheel Chair access.

We are only allowed by Health & Safety regulations to admit 427 spectators on to the balcony. It would be appreciated therefore, that spectators who need assistance would arrive at the start of the warm up session thus ensuring a suitable seat is available.

(It is difficult to allocate a specific area on the balcony seating area for spectators with a disability as it might not be where they would choose to sit.

Also, if there are no disabled spectators present then we would have seating which cannot be used).



Llandudno Swimming Centre • 20th / 21st September 2025

MEET PROGRAMME

SESSION 1 Saturday

M 9&O 50m Backstroke F 9&O 200m Freestyle M 9&O 100m Butterfly F 9&O 50m Breaststroke M 9&O 50m Butterfly Mixed12&O 1500m Freestyle

SESSION 2 Saturday

F 9&O 50m Freestyle M 9&O 200m IM F 9&O 400m Freestyle M 9&O 200m Backstroke F 9&O 200m Breastsroke Mixed 9/10 200m Med Relay Mixed 11/12 200m Med Relay

SESSION 3 Saturday

M 9&O 400m IM
F 9&O 100m Backstroke
M 9&O 100m Breastroke
F 9&O 200m Butterfly
M 9&O 100m Freestyle
Mixed 13/14 200m Med Relay
Mixed 15&O 200m Med Relay

SESSION 4 Sunday

F 9&O 50m Backstroke M 9&O 200m Freestyle F 9&O 100m Butterfly M 9&O 50m Breaststroke F 9&O 50m Butterfly Mixed 12&O 800m Freestyle

SESSION 5 Sunday

M 9&O 50m Freestyle
F 9&O 200m IM
M 9&O 400m Freestyle
F 9&O 200m Backstroke
M 9&O 200m Breastroke
Mixed 9/10 200m Free Relay
Mixed 11/12 200m Free Relay

SESSION 6 Sunday

F 9&O 400m IM
M 9&O 100m Backstroke
F 9&O 100m Breastroke
M 9&O 200m Butterfly
F 9&O 100m Freestyle
Mixed 13/14 200m Free Relay
Mixed 15&O 200m Free Relay



20th / 21st September

Llandudno Swimming Centre •

COACH/CHAPERONE ACCREDITATION FORM

Full Name				
Name of Clu	ıb			
Position (e.g. club coach)				
Address				
			Postcode	
phone			Fax	
email				
Swim Wales registration number				

Please note **only** members registered with Swim Wales/ASA **and** having a DBS check (if required by the governing body) are eligible for coach/chaperone passes

NO passes will be available on the day and must be purchased beforehand

There will be no access to poolside without a coach/chaperone pass



SWIMMER ENTRY FORM

Name			Club					
Address			WASA No					
			M/F					
			DOB					
phone		Age						
please enter entry times below								
9yrs& O 50m Backstroke		9&O 200m Breaststroke						
9yrs&O 50m Breaststroke	&O 50m Breaststroke 9&O 100m Breaststro		tstroke					
9yrs&O 50m Butterfly		9&O 200m Butter						
		9&O 100m But	terfly					
9&O 50m Freestyle		9&O 200m Individual Medley						
9&O100m Freestyle		9&O 400m Individual Medley						
9&O 200m Freestyle		12&O Mixed 800m Freestyle						
9&O 400m Freestyle		12&O Mixed1500m Freestyle						
9&O 200m Backstroke		4x50m Mixed Free Relays		9/10yrs,11/12,13/14&15yrs&O				
9&O 100m Backstroke		4x50m Mixed M Relays	edley	9/10yrs,11/12,13/14&15yrs&O				

Total number of entries = @ £30 per swimmer £10.00 per Relay					
I declare that the above information are correct and agree to abide by the Meet conditions. I accept that there will be no refund of entry fees unless the Meet is oversubscribed.					
I also confirm that the above competitor has achieved the ASA competitive start award					
Signature of Competitor/Parent:					



PAYMENT SUMMARY SHEET

Please return this form together with:

- 1. Entry Forms
- 2. Cheque made payable to 'Swim Conwy'

Club							
Name							
Address							
Phone (home / mobile)							
email							
Position in club							
SUMMARY							
Total individual entries		@ £30 per swimmer					
Total poolside passes		@ £20 for * weekend(includes lunch)					
Total (cheque enclosed)							
*If you provide an official (J1/J2 etc), you will receive one free poolside pass for the weekend. There will be no charge for poolside passes if you provide more than one official.							
It is requested that a single cheque for the complete club entry is submitted							
I confirm all swimmers are current members and have paid the appropriate membership fee.							
I declare that our team members who have reached the standard of the ASA competitive start award will be permitted to start from the poolside. Those who have not will start in the water.							
I confirm that the Meet conditions have been brought to the attention of swimmers, parents / guardians and coaches including the rules regarding photography.							
I agree to abide by the conditions laid down by the Meet Organisers for this event.							
Signature:Date:							
Return to: Olwen Catherall, Llandudno Swimming Centre. Mostyn Broadway Llandudno LL30 1YR							

email:nofio.swimming.gala@gmail.com